**University of Minnesota**

**Thailand: Global Change, Families & Communities**

**January 5-18, 2020**

**ITINERARY**

**SUN JAN 5: ARRIVE CHIANG MAI [-/-/-]**

Arrive at Chiang Mai airport and proceed through customs and immigration

* Meet your local Chiang Mai guide in the arrivals hall and look for “**CEPA UMN Thailand**” airport signage
* Group transfer to hotel for check-in
* **Faculty leader will meet with guide to review program itinerary**, then part ways with guide
* Free time to refresh from travel
* Depending on flight arrival time, head out on a faculty-led orientation walk to familiarize yourself with the hotel’s neighborhood, the transportation system, to locate ATMs and the local market, learn some key words and phrases, review emergency contacts and meeting location, discuss group communication and health precautions/safety, etc.
* Lunch and dinner on own arrangement
* Overnight at Ban Radtanaiya Residence

**MON JAN 6: CHIANG MAI [B/-/D]**

* Breakfast at hotel, followed by faculty-led group debrief
* **8a** Meet guide, transfer andparticipate in **Child Safe workshop** (NGO that teaches about responsible tourism, human trafficking and the exploitation of children)
* **11a** Depart for lunch on own arrangement
* Afternoon on own arrangement
* **6:30p:** Transfer to group **welcome Khantoke dinner** **with traditional cultural performance** at Khum Kahntoke
* Overnight at Ban Radtanaiya Residence

**TUE JAN 7: CHIANG MAI [B/L/-]**

* Breakfast at hotel
* **9a-1pm:** Meet guide and transfer to [**Baan Thai Cookery School**](https://www.cookinthai.com/index.php); first explorealocal market to select fresh ingredients in preparation for a **Thai cooking** class, then enjoy the fruits of your labor for lunch
* **1:15p** Transfer to visit **Wat Suan Dok** toparticipate in a **Buddhist lecture and discussion** with a monk
* **3p** Return transfer to hotel and part ways with guide
* Dinner on own arrangement
* **Evening:** UMN-arranged Chiang Mai Night Bazaar Scavenger Hunt by local transport
* Overnight at Ban Radtanaiya Residence

**WED JAN 8: CHIANG MAI – CHIANG RAI (3.25 HRS) [B/-/-]**

* Breakfast at hotel
* **8:30a:** Meet driver and visit Urban Light (non-profit organization focused on ending the exploitation of boys)
* **11a:** Return to hoteland check out
* **12:30p:** Transfer to Chiang Rai, stop at White Temple en route; end at hotel
* **5p:** Faculty/studentdebrief Chiang Mai activities and faculty-led orientation to Chiang Rai
* Lunch and dinner on own arrangement
* Overnight at De Hug Hotel & Residence: <https://bit.ly/2Owl5Ay>

**THU JAN 9: CHIANG RAI [B/L/-]**

* Breakfast at hotel (6:30a-10a daily)
* **9a:** Meet driver and transfer to the Hill Tribes Museum
* **10a:** Continue to Hill Area and Community Development Foundation:
* UMN-arranged lunch at site
* UMN-arranged Faculty/students debrief at HADF
* **3p:** Return transfer to hotel
* Dinner on own arrangement
* Overnight at De Hug Hotel & Residence

**FRI JAN 10: CHIANG RAI [B/-/-]**

* Breakfast at homestay
* **TBD:** Meet local Chiang Rai guide andtransfer to UMN-arranged half-day visit to Chiang Rai Rajabpat University (CRRU) for activities and engagement with the Hmong Student Club
* Return transfer to hotel and part ways with guide
* Dinner on own arrangement
* Overnight at De Hug Hotel & Residence

**SAT JAN 11: CHIANG RAI [B/-/-]**

* Breakfast at hotel
* **Full day** free time in Chiang Rai to pack/prepare for village stay
* Lunch and dinner on own arrangement
* Overnight at De Hug Hotel & Residence

**SUN JAN 12: CHIANG RAI – MAE SALONG VILLAGE (1.5 HRS) [B/L/D)**

* Breakfast at hotel followed by check-out
* **8:30a:** Meet guide and load bags into vans
* **9a:** Transfer to UMN-arranged Mae Salong Village
* Lunch and dinner in village
* Overnight at homestay in Pakasukjai village (Yunanaese – Akha, Lisu, Lahu, Lawa, Shan peoples)

**MON JAN 13: MAE SALONG VILLAGE [B/L/D]**

* **All day:** UMN-arranged Mae Salong Village service project, working with Akha families in gardens – vegetables, tea, forest preservation
* Breakfast, lunch and dinner in village
* UMN-arranged overnight at homestay in Pakasukjai village (Yunanaese – Akha, Lisu, Lahu, Lawa, Shan peoples)

**TUE JAN 14: MAE SALONG VILLAGE – CHIANG KHONG (2.5 HRS) [B/L/-]**

* Breakfast on own arrangement
* **Morning:** Meet guide and engage in UMN-arranged activity
* Lunch with Lahu families
* **1p:** Transfer toChiang Khong via Chiang Saen where you will see the Golden Triangle – walk up the hill to see the view with some time to walk around at the pier
* Check-in to your hotel upon arrival in Chiang Khong; refresh
* **4p-6p** Faculty/student debrief in hotel meeting room (Mae Salong Village activities)
* Overnight at Chiangkhong Teak Garden Riverfront Hotel

**WED JAN 15: CHIANG KHONG [B/L/-]**

* Breakfast at hotel (6a-9:30a daily)
* **9a:** Meet guide andtransfer to UMN-arranged visit to the Center for Girls (near hospital) and learn about their programs
* **1p:** Transfer to the UMN-arranged visit to the Patung community, a Hmong village on the Thai-Lao border
* **5p:** Return transfer to hotel
* Overnight at Chiangkhong Teak Garden Riverfront Hotel

**THU JAN 16: CHIANG KHONG [B/L/-]**

* Breakfast at hotel
* **9a:** Meet guide andtransfer to full-day UMN-arranged visit to the Center for Girls program at Wieang Kaen Por Vittaya School for activity with Tai Leu people
* **4p:** Return transfer to hotel
* Dinner on own arrangement
* Overnight at Chiangkhong Teak Garden Riverfront Hotel

**FRI JAN 17: CHIANG KHONG – CHIANG MAI (5.25 HRS) [B/L/-]**

* Breakfast at hotel
* **8:30a-11a:**  Final debrief in hotel meeting room
* **11:30a:** Check out and store luggage at front desk or in vans
* **12p:** Head down the street for celebration lunch
* **1/1:30p:** Meet driver and transfer to Chiang Mai
* Check-in to hotel
* **Evening:** Free time for last-minute shopping and packing
* Dinner on own arrangement
* Overnight at Ban Radtanaiya Residence

**SAT JAN 18: CHIANG MAI – USA (B/-/-)**

* Breakfast at hotel
* Group transfer to airport; end services
* Return flight on own arrangement; not included