

Global Change, Communities, and Families in Thailand
University of Minnesota May 2022



Thailand Itinerary May 14-29, 2022

(Subject to change somewhat as we monitor the COVID situation in Thailand)

Note: Thailand is 12 hours ahead of Minnesota.

COVID TRAVEL NOTES

- Stay informed regarding up-to-date Covid-19 related information and entry regulations for Thailand by referring to the following websites:
 - <https://wwwnc.cdc.gov/travel/notices/covid-3/coronavirus-thailand>
 - <https://th.usembassy.gov/u-s-citizen-services/covid-19-information/>
 - <https://thaiembdc.org/visas/>

**SAT MAY 14:
DEPART MSP**

- **Depart MSP Delta 867@8:59 a.m. Arrive at airport 6:00 a.m.** to clear security; meet group at gate; Arrive Seattle at 10:45 a.m.
- Depart Seattle Delta 9011@1:00 p.m.; Arrive Seoul-Incheon Sun, May 15 at 4:40 p.m.
- Depart Seoul Delta 7852@7:40 p.m.; Arrive Bangkok 11:20 p.m.

DAY 1

**SUN MAY 15:
ARRIVE
BANGKOK**

- Check-in and stay overnight at **W-22 Hotel**

<p>DAY 2</p> <p>MON MAY 16: BANGKOK [B/-/-]</p>	<ul style="list-style-type: none"> • Breakfast at hotel • Free day to explore Bangkok • Lunch and dinner on own arrangement • Overnight at W22 Hotel
<p>DAY 3</p> <p>TUE MAY 17: BANGKOK – CHIANG RAI [B/-/-]</p>	<ul style="list-style-type: none"> • Breakfast at hotel • By 7:45 a.m. Check-out of room • During check-out, hotel reception will give group 1 Antigen self-test kit per person to be used on day 5 and uploaded via mobile app. • 8:00 a.m. Leave hotel to Don Muang (DMK) airport • 10:50 a.m. Flight to Chiang Rai (CEI) on flight Thai AirAsia FD3209 • 12:10 p.m. Arrive CEI and meet local guide • Transfer Chiang Rai for visits to White Temple and Hill Tribes Museum • Check-in to hotel after visits • Group excursion to Chiang Rai Night Market • Lunch and dinner on own arrangement • Overnight at Maryo Resort Chiang Rai https://www.maryoresortchiangrai.com/en/
<p>DAY 4</p> <p>WED MAY 18: CHIANG RAI [B/-/-]</p>	<ul style="list-style-type: none"> • Breakfast at hotel • Temple Tour: Blue Temple, Wat Phra Kaew (Emerald Buddha), Black House Museum, Wat Huay Pla Kang • Lunch and Dinner on own • Blog Post #1: First Impressions - Eliana, Kaiya, Kianee • Overnight at Maryo Resort Chiang Rai
<p>DAY 5</p> <p>THU MAY 19: CHIANG RAI – PAKASUKJAI VILLAGE [~1.5 HRS] [B//D]</p>	<ul style="list-style-type: none"> • Breakfast at hotel • Prior to leaving: Per Thailand Test & Go travel requirements for day 5, self-administer Antigen test and upload the result to a mobile app. • 11:30 a.m. Check out and bring bags to van (Bring Snacks for lunch) • Leave for HADF Retreat Center near Pakasukjai Village • Check in to rooms at Retreat Center • Dinner with students from Chiang Mai Rajabapht University • Overnight at HADF retreat center

<p>DAY 6 FRI MAY 20 PAKASUKJAI VILLAGE [B/L/D]</p> <p>Day 7 SAT MAY 21 PAKASUKJAI VILLAGE [B/L/D]</p> <p>Day 8 SUN MAY 22 PAKASUKJAI VILLAGE [B/L/D]</p>	<ul style="list-style-type: none"> • Breakfast: HADF Retreat Center • Morning: Visit Santivittaya Elementary School in Maesalong & Pakasukjai Kindergarten Center • Lunch: HADF Retreat Center Team 1 – Kaiya & Yia Kou • Afternoon: Learn about the Mekong Region fruit trade at a plantation • Dinner: Team 2 – Eliana & Sairoong <ul style="list-style-type: none"> • Breakfast: HADF Retreat Center • Morning: Ecology walk around center and through forest to explore the culture of the Akha people and their beliefs about humans relationships with nature and the supernatural • Lunch: in the forest • Afternoon: Visit a coffee plantation, processing cooperative and coffee shop in Pansawan village • Dinner: Team 3 – Kianee & Jess <ul style="list-style-type: none"> • Breakfast: HADF Retreat Center • Morning: Visit an Akha family in the village to learn about family in the past, present, and future, to understand some of the challenges and the rich culture of the ethnic minority people in Thailand • Lunch: with Akha family • Afternoon: • Dinner: Team 4 – Anna & Zam
<p>DAY 9</p> <p>MON MAY 23: PAKASUKJAI VILLAGE And CHIANG KHONG (2.5 HRS)</p> <p>[B/-/-]</p>	<ul style="list-style-type: none"> • Breakfast: HADF Retreat Center • Clean rooms and load bag into vans • TURN IN JOURNAL before leaving Retreat Center • Noon: Depart for Chiang Khong • Stop at Golden Triangle and the Hall of Opium in Chiang Saeen • Hotel Check-in no earlier than 2 p. m. • Blog Post #2: Life on the Mountain - Sairoong, Yia Kou, & Jess • Free time to explore Chiang Khong • Lunch and dinner on own • Overnight at Chiangkhong Teak Garden Riverfront Hotel
<p>DAY 10</p> <p>TUE MAY 24: CHIANG KHONG [B/-/-]</p>	<ul style="list-style-type: none"> • Breakfast at hotel • 9:00 a.m.-11:30 a.m. Class time to work on group projects at hotel meeting room • 1:00 p.m. Walk to Mekong School (tentative) • Lunch and dinner on own arrangement • Overnight at Chiangkhong Teak Garden Riverfront Hotel or similar

<p>DAY 11</p> <p>WED MAY 25: CHIANG KHONG [B/L/-]</p>	<ul style="list-style-type: none"> • Breakfast at hotel • 9:30 a.m. Leave for full day at Anuban Wiengkan School • Dinner on own • Overnight at Chiangkhong Teak Garden Riverfront Hotel
<p>DAY 12</p> <p>THU MAY 26: CHIANG KHONG [B/L/-]</p>	<ul style="list-style-type: none"> • Breakfast at hotel • 9:00 a.m. Leave for the Center for Girls and project site visit • Box lunch provided • ~Return to hotel early-mid afternoon • Group Project Blog Due Post Due • Dinner on own • Overnight at Chiangkhong Teak Garden Riverfront Hotel
<p>DAY 13</p> <p>FRI MAY 27: CHIANG KHONG – CHIANG RAI (2 HRS) [B/-/-]</p>	<ul style="list-style-type: none"> • Breakfast at hotel, followed by check-out • Noon: Leave for Chiang Rai (pack snacks or eat before we leave) • Check-in at hotel 2:00 p.m. at earliest • 3:00 -5:00 p.m. Final debrief in hotel meeting room • Evening free to go to Night Market • Blog Post #3: Schools and NGOs – CeCe & Anna • Lunch and dinner on own arrangement • Overnight at <u>Maryo Resort Chiang Rai</u>
<p>DAY 14</p> <p>SAT MAY 28: CHIANG RAI – BANGKOK [B/-/-]</p>	<ul style="list-style-type: none"> • Breakfast at hotel (served 7-10 a.m.) followed by check-out • 10:00 a.m. Transfer to Chiang Rai airport (CEI) • 12:40 p.m. Depart on Thai AirAsia FD3210 flight to DMK • 1:55 p.m. Arrive DMK • Meet guide, transfer to hotel and check-in • TURN IN JOURNAL before leaving for afternoon and evening activities • Free time afternoon and evening • Overnight at W22 Hotel • Lunch and dinner on own arrangement

DAY 15

SUN MAY 29:
BANGKOK – MSP
[B/-/-]

- Breakfast at hotel (7-10 a.m.)
- **Journals returned** so they can be packed in bags
- 8:30 a.m. Check-out of room before leaving for testing; leave luggage with reception
- 9:00 a.m. Meet local guide in lobby for transfer to hospital for Antigen testing required prior to return flight. Certificate will be provided before transfer back to hotel
- 10:30 Enjoy a guided tour of Bangkok, including visits to the **Grand Palace** (the former royal residence) and **Wat Pra Kaew** (Temple of the emerald Buddha), the spiritual core of Thai Buddhism and its most revered shrine in the Kingdom.
- Lunch on your own.
- Continue tour and go to **Wat Po**. Cross the Chao Phraya river by taxi boat to the temple of Dawn, **Wat Arun** (Temple of the Dawn)
- 4 p.m. End tour
- Remaining time is free to have dinner and return to the hotel
- 8:00 p.m. Meet driver in the hotel lobby and load vans
- 8:30 pm Transfer to airport for flight home.

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